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Phenotype, genotype and disease severity reflected by serum globotriaosylsphingosine levels in patients with Fabry disease

MASTERARBEIT

zur Erlangung des akademischen Grades

Master of Medicine (M Med)

der Medizinischen Fakultät der Universität Zürich

vorgelegt von

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Kalenderjahr 2017

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1. Liste der verwendeten Abkürzungen

GLA = α-Galaktosidase A

GB3 = Globotriaosylceramid

LysoGB3 = Globotriaosylsphingosin

ERT = Enzymsubstitutionstherapie

LVMMI = Left Ventricel Myocardial Mass Index

2. Zusammenfassung

Fragestellung

Morbus Fabry ist eine X-chromosomal vererbte, lysosomale Speicherkrankheit. Die korrekte Diagnose und das Verständnis der Genotyp-Phänotyp-Beziehung sind essentiell für eine Risikobeurteilung und die darauffolgende Therapieindikation bei betroffenen Personen. Die Heterogenität der Morbus Fabry Phänotypen wirkt sich dabei erschwerend aus. Der Einsatz von Globotriaosylsphingosin als diagnostischer Marker könnte die Diagnosestellung und Risikobeurteilung erleichtern. Das Ziel dieser Arbeit ist die Beziehung zwischen Globotriaosylsphingosin Serumspiegel und den Morbus Fabry Geno- und Phänotypen zu untersuchen.

Methodik

69 konsekutive erwachsene Patienten (männlich: n=28 (41%)) mit nachgewiesener α-Galaktosidase A Mutation wurden in die Studie eingeschlossen. Die Erfassung von Patientendaten erfolgte während jährlichen Routineuntersuchungen. Die Messung der Serum Globotriaosylsphingosin Werte erfolgte mittels hoch-sensitiver Elektrosprayionisation und Flüssigchromatographie mit Massenspektrometrie-Kopplung.

Resultate

Der klassische Morbus Fabry Phänotyp wies signifikant höhere Globotriaosylsphingosin Serumspiegel auf als der Later-Onset Phänotyp. Dieser wies wiederum höhere Serumspiegel auf als die Kontrollgruppe, was sowohl bei Männern (52 [40-83] vs 9.5 [4.5-20] vs 0.47 [0.41-0.61] ng/ml, P<0.001), als auch bei Frauen (9.9 [7.9-14] vs 4.9 [1.6-4.9] vs 0.41 [0.33-0.48] ng/ml, P<0.001) zutraf. Des Weiteren liess sich eine Assoziation der Globotriaosylsphingosin Spiegel mit dem Serumkreatinin Wert (β=0.09, 95% CI 0.04-0.13, P<0.001) und dem Vorhandensein einer Kardiomyopathie (β=25, 95% CI 9.8-41, P=0.002), unabhängig vom Geschlecht und Phänotyp, nachweisen. Bei männlichen Erkrankten mit einer Frame-Shift oder Nonsense-Mutation im α-Galaktosidase A Gen fanden sich, verglichen mit einer Misssense-Mutation, höhere Globotriaosylsphingosin Werte (84 [72-109] vs 41 [37-52] ng/ml, P=0.002).

Konklusion

Der Globotriaosylsphingosin Spiegel kann als Mass für den Krankheitsschweregrad (bestimmt mittels Mainz Severity Score Index), den Schweregrad des Genotyps und das Ansprechen auf die Enzymsubstitutionstherapie verwendet werden. Die Risikoanalyse und folgend die Identifizierung von gefährdeten Morbus Fabry Patienten kann mithilfe der Globotriaosylsphingosin Bestimmung erleichtert werden.

3. Hintergrund

Morbus Fabry ist eine X-chromosomal-rezessiv vererbte Störung des Glykosphingolipid-Stoffwechsels, welche durch eine Mutation im α-Galaktosidase A (*GLA*) Gen verursacht wird.[1,2] Die infolgedessen erniedrigte oder fehlende Aktivität der α-Galaktosidase A, führt zu einer fortschreitenden Akkumulation von Globotriaosylceramid (GB3) und verwandten Glykosphingolipiden wie Globotriaosylsphingosin (LysoGB3) innerhalb des Plasmas und der Lysosomen.[1]

Grundsätzlich wird zwischen zwei Phänotypen unterschieden.[1,3-6] Beim klassischen Typ findet sich bei den Betroffenen eine niedrige oder keine α-Galaktosidase A Aktivität. Vor allem bei Männern treten typische frühe Krankheitsmanifestationen wie schwere Akroparästhesien, Angiokeratome, Hypohidrose, Kornea- und Linsentrübungen schon in der Kindheit und Adoleszenz auf. Die mit zunehmenden Alter progressive Akkumulation von GB3 in den Lysosomen des Gefässendothels, kann zu Kardiomyopathie, chronischen Nierenerkrankungen und frühen Schlaganfällen führen.[7,8] Der Later-Onset Typ weist eine Residualaktivität der α-Galaktosidase A auf. Diese Patienten leiden im Erwachsenenalter typischerweise an kardialen oder renalen Erkrankungen, wobei die frühen Morbus Fabry Manifestationen meistens fehlen.[3,9-11]

Durch die zufällige X-Chromosom-Inaktivierung, kann bei Morbus Fabry Patientinnen die GLA Aktivität normal sein.[12]

Aufgrund der grossen Bedeutung von GB3 Ablagerungen kann LysoGB3 als potentieller diagnostischer Marker erachtet werden.[13,14] Die Deutlichkeit der Assoziation zwischen LysoGB3 und dem Phänotyp der Erkrankung, wurde in bisherigen Studien jedoch kontrovers diskutiert.[14-16]

Infolgedessen ist die Evaluation der Beziehung zwischen der Genotyp-Phänotyp-Korrelation und den Serum LysoGB3 Spiegel das Ziel dieser Arbeit. Zusätzlich wurden detaillierte klinische, biochemische und genetische Charakteristika der Morbus Fabry Kohorte des Universitätsspitals Zürich analysiert.

4. Methodik

4.1. Patienten

Im Zeitraum vom Januar 2014 bis Dezember 2016 wurden 69 konsekutive erwachsene Patienten (Männer: n=28 (41%1008)) der Morbus Fabry Kohorte des Universitätsspitals Zürich in die Studie eingeschlossen. Alle Patienten wiesen eine bestätigte *GLA* Mutation auf und liessen sich in jährlichen Routinekontrollen untersuchen. Umfassende Abklärungen inklusive Krankengeschichte, kardiale, renale und neurologische Evaluationen wurden durchgeführt. Die Kontrollgruppe bestand aus 13 weiblichen und 13 männlichen Personen im Alter von 17-69 Jahren.

4.2. Definitionen

Der klassische Morbus Fabry Phänotyp wurde definiert als 0% bis 1% der normalen α-Galaktosidase A Aktivität. Verursacht wird dieser durch eine Frame-shift-, Nonsense-, Consensus Splice-site- oder gewisse Missense-Mutationen. Der Later-Onset Phänotyp ist charakterisiert durch eine Residualaktivität der α-Galaktosidase A, welche infolge von alternativen Splicing- oder gewissen Missense-Mutationen entstehen kann.[5,18]

4.3. LysoGB3 Messung

Die Messung von LysoGB3 erfolgte durch die Entnahme von Blutproben und deren Analyse mittels hoch-sensitiver Elektrosprayionisation und Flüssigchromatographie mit Massenspektrometrie-Kopplung (ESI LC-MS/MS).

4.4. Statistik

Alle Patientendaten wurden von mir in einer Excel-Datenbank erfasst. Die statistischen Analysen wurden mit dem SPSS/PC Software Paket (Version 22.0; SPSS Inc., Chicago, IL, USA) durchgeführt.

4.5. Ethik

Die Studie wurde von der kantonalen Ethikkomission Zürich (KEK-ZH 2014-0534) genehmigt. Bei allen Morbus Fabry Patienten wurde für das Sammeln der klinischen Daten und für die Blutproben eine schriftliche Einverständniserklärung eingeholt.

5. Resultate

5.1. Phänotyp

In der Morbus Fabry Kohorte wurden höhere Serum LysoGB3 Spiegel gemessen als in der gesunden Kontrollgruppe. Die LysoGB3 Spiegel waren bei Männern und Frauen mit dem klassischen Phänotyp signifikant höher als jene des Later-Onset Phänotypen. Bei einem männlichen Patienten der Later-Onset Gruppe wurde eine Überlappung mit dem klassischen Phänotyp festgestellt. Zudem hatten eine Patientin der klassischen Gruppe und drei der Later-Onset Gruppe ähnliche LysoGB3 Werte.

Die Receiver-Operating-Characteristic-Kurve lieferte anhand der LysoGB3 Werte einen hohen Prädiktivwert für die Identifizierung von Morbus Fabry Erkrankten (AUC=1 für jedes Geschlecht). Die LysoGB3 Level prognostizierten annähernd ideal den klassischen Phänotyp bei den männlichen Patienten (AUC=0.98). Bei den Frauen war ebenfalls eine relativ genaue Prognose möglich (AUC=0.81).

5.2. Schweregrad der Erkrankung

Zwischen den Serum LysoGB3 Spiegel und Geschlecht, Phänotyp, Serumkreatinin, Nierenersatztherapie, LVMMI, Vorhandensein einer Kardiomyopathie und Auftreten von Schlaganfällen oder transitorischen ischämischen Attacken liess sich mit der univariablen Regressionsanalyse ein Zusammenhang nachweisen. Dieser bestand weiterhin in der multivariablen Analyse nach Anpassung an Geschlecht und Phänotyp. Die LysoGB3 Spiegel korrelierten signifikant mit dem Serumkreatinin (R=0.28, P=0.02), LVMMI (R=0.27, P=0.03) und Protein/Kreatinin-Ratio (R=0.33, P=0.007).

5.3. Genotyp

Den klassischen Phänotyp betreffend, führten schwerwiegende Genproduktveränderungen wie Frame-Shift- oder Nonsense-Mutationen[1] zu höheren LysoGB3 Werten, als Misssense-Mutationen, welche nur einzelne Aminosäureveränderungen zur Folge haben. Dies traf bei den männlichen Patienten zu, bei den Frauen bestand jedoch kein signifikanter Unterschied zwischen den beiden Gruppen.

6. Diskussion

Das Ziel dieser Arbeit war die Untersuchung der Beziehung von Serum LysoGB3 Spiegel und den Morbus Fabry Genotypen und Phänotypen. Die Serum LysoGB3 Spiegel des klassischen Morbus Fabry Phänotyps waren signifikant höher als in der gesunden Kontrollgruppe. Zudem wiesen Männer und Frauen der klassischen Phänotyp Gruppe signifikant höhere Serum LysoGB3 Level auf, als jene der Later-Onset Gruppe. Zusätzlich konnten die LysoGB3 Level mit wichtigen Komorbiditäten wie Nierenfunktion, Nierenersatztherapie, Kardiomyopathie, Schlaganfällen und transitorischen ischämischen Attacken assoziiert werden.
Bei Männern mit klassischem Phänotyp und schwerwiegenden Mutationen wurden höhere Serum LysoGB3 Werte gemessen. Diese können zum Teil als Resultat einer sehr tiefen oder fehlenden α-Galaktosidase Aktivität interpretiert werden.[19] Im Gegensatz dazu, bestand bei den weiblichen Erkrankten keine Abhängigkeit der LysoGB3 Spiegel von der Schwere des Genotyps, was durch die zufällige X-Chromosom-Inaktivierung erklärt werden könnte.[12]

Zu den limitierenden Aspekten dieser Studie zählt die geringe Anzahl der Later-Onset Patienten. Zudem war die Evaluation von LysoGB3 als Prädiktor für klinische Ereignisse kein Teil der Studie. Zuletzt wurde der Einfluss von epigenetischen Phänomenen, wie die X-Chromosom-Inaktivierung nicht evaluiert.

Beim Later-Onset Phänotypen fehlen meist die Frühmanifestationen des klassischen Phänotyps. Dies kann dazu führen, dass Spätmanifestationen an Herz und Nieren[3,4,9-11] häufigeren Pathologien, wie Altersprozessen oder kardiovaskulären Erkrankungen, zugeschrieben werden[20] und Morbus Fabry als Ursache unerkannt bleibt. Ein sensitiver und spezifischer Biomarker wie LysoGB3 könnte dieses Problem beheben und invasive Biopsien vermeiden.

Zusammengefasst verbessert der Einsatz von LysoGB3 das Erkennen und Management von Risikopatienten. Die Serum LysoGB3 Werte können mit wichtigen klinischen Komorbiditäten wie der Nephropathie, Kardiomyopathie, zerebrovaskulären Erkrankungen und der serumvermittelten Inhibition der ERT assoziiert werden. Die Diagnose und Risikoanalyse von betroffenen Personen wird erleichtert und eine individualisierte Therapie kann erfolgen. Frühere Studien[14,15] zeigten eine Überlappung von LysoGB3 Werten zwischen Morbus Fabry Patientinnen und gesunden Individuen, woraus folgend der Biomarker eine detaillierte klinische Charakterisierung nicht ersetzen kann.

7. Eigenanteil

Nach gründlicher Recherche über die Morbus Fabry Ätiologie, Genetik, Klinik, sowie die derzeit vorhandenen diagnostischen Methoden und Therapie, habe ich mich zusammen mit Frau Dr. med. A. Nowak damit auseinandergesetzt, welche Indikatoren für die Beantwortung der zu Grunde liegenden Fragestellung benötigt werden. Anschliessend habe ich die Werte der Indikatoren von 102 Patienten des Morbus Fabry Zentrum des Universitätsspital Zürich im Zeitraum von 2001 bis 2016 aus den Patientenakten des Klinikinformationssystems extrahiert, in einer Excel-Datenbank zusammengestellt und bereinigt. Die extrahierten Grössen beinhalteten; demografische Daten, Symptome und klinische Befunde (neuropathische Schmerzen, Angiokeratome, Parästhesien, Hypohidrose, Cornea verticilata, Fatigue, aufgetretene Schlaganfälle, Body-Mass-Index), kardiale Daten (Blutdruck, Echokardiografiedaten, Elektrokardiografiedaten, aufgetretene Herzinfarkte), renale Daten (Albumin/Kreatinin Ratio, Proteinurie, geschätzte glomeruläre Filtrationsrate), neurologische Daten (aufgetretene Schlaganfälle, transitorisch ischämische Attacken), Laborbefunde (Hämatologie, klinische Chemie), Medikamenteneinnahme (β-Blocker, Angiotensin Converting Enzyme-Hemmer, Angiotensin-2-Rezeptorblocker, Antikoagulantien, Acetylsalicylsäure, Diuretika, Analgetika, Antidepressiva, Inhalativa), Einnahme von Noxen und Eckdaten zur Enzymsubstitutionstherapie (ERT). Der Mainz Severity Score Index wurde von mir basierend auf den extrahierten Daten berechnet.[17] Eine Liste mit den gemessenen LysoGB3 Werten der Patienten wurde mir für die Datenbank zur Verfügung gestellt. Mein Anteil am Manuskript für die Publikation bestand des Weiteren in der Mitarbeit bei der Formatierung und der Korrekturlese.

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9. Publikation

Genotype, Phenotype and Disease Severity Reflected by Serum LysoGb3 Levels in Patients with Fabry Disease

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Abstract

Background

Fabry disease (FD) is a rare X-linked lysosomal storage disease caused by mutations in the α-galactosidase A (*GLA*) gene causing deficiency of α-galactosidase A which results in progressive glycosphingolipid accumulation, especially globotria**o**sylceramide (Gb3), in body liquids and lysosomes. In a large cohort of FD patients, we aimed to establish genotype/phenotype relations as indicated by serum LysoGb3 (deacylated Gb3).

Methods

In 69 consecutive adult FD patients (males: n=28 (41%)) with a *GLA*-mutation confirmed diagnosis, we conducted a multidisciplinary clinical characterization during their routine annual examinations, and measured serum LysoGb3 levels by high-sensitive electrospray ionization liquid chromatography tandem mass spectrometry.

Results

Serum levels of LysoGb3 were significantly higher in Classic compared with Later-Onset phenotype and higher in the latter compared with controls, both in males (52 [40-83] vs 9.5 [4.5-20] vs 0.47 [0.41-0.61]ng/ml, P<0.001) and in females (9.9 [7.9-14] vs 4.9 [1.6-4.9] vs 0.41 [0.33-0.48]ng/ml, P<0.001), respectively. Multivariate linear regression analysis showed that LysoGb3 levels were independently associated with, serum creatinine (β=0.09, 95%CI 0.04-0.13, P<0.001) and the presence of cardiomyopathy (β=25, 95%CI 9.8-41, P=0.002). LysoGb3 levels were higher in males with frame-shift and nonsense mutations than in males with missense mutations (84 [72-109] vs 41 [37-52]ng/ml, P=0.002).

Conclusion

LysoGb3 relates to disease severity, enzyme replacement response, and to the genotype severity in males. LysoGb3 supports identifying patients at risk who require intensive monitoring and treatment. LysoGb3 appears to be one marker of metabolic phenotyping of FD.

Keywords: Fabry disease; *GLA*-mutation; LysoGb3; biomarker; genotype phenotype relation; disease severity.

1. Introduction

Fabry disease (FD) (OMIM#301500) is an X-linked disease, resulting from the deficient activity of the lysosomal enzyme α-galactosidase A (α-Gal A) [1, 2]. The enzymatic defect causes the progressive accumulation of globotriaosylceramide (Gb3) and related glycosphingolipids in the plasma and in tissue lysosomes throughout the body [1].
There are two major phenotypes, Classic and Later-Onset [1, 3-6]. The Classic phenotype is more severe due to very low or absent α-Gal A activity, with the typical early symptoms such as acroparesthesias, angiokeratoma, corneal opacities and hypohidrosis, particularly in males. With advancing age, the progressive deposition of glycosphingolipids lead to cardiomyopathy, deterioration of kidney function, and premature strokes [7, 8]. The Later-Onset phenotype is typically less severe with a significant residual α-Gal A activity in males, who usually lack the early symptoms but present with a cardiomyopathy or chronic kidney disease in the adult age [3, 9-11].
The phenotypic heterogeneity can delay the correct diagnosis. In females, α-Gal A activity can be normal due to random X-chromosomal inactivation [12]. Even genetic testing can result in novel *GLA* variants with unknown clinical significance [13]. This raises questions with regard to disease onset and progression, particularly in asymptomatic patients identified in family screening.
Recently, enhanced deposits of globotriaosylsphingosine (LysoGb3) have been shown to be a characteristic feature of FD [14]. The deacylated Gb3, LysoGb3 (also called LysoGl3), also known as globotriaosylsphingosine, has been reported as a potential diagnostic tool in both classic and uncertain cases [15]. The utility of LysoGb3 is still controversial, as discussed in previous studies [15, 16], due to concerns that LysoGb3 levels may not be strongly associated with disease phenotype [17]. To answer these concerns, we evaluated whether a genotype/phenotype association can be established using serum LysoGb3 levels. To this end, we analyzed a clinical, biochemical and genetic characterization of a large FD patient's cohort that was regularly monitored at a single FD center. This is the first study to associate LysoGb3 levels with the FD-related comorbidities and the genotype severity.

2. Methods

2.1 Study participants and clinical work-up

The study was conducted in accordance with the principles of the Helsinki Declaration. Informed consent for collecting clinical data and blood samples for biobanking was obtained from all patients.

We recruited 69 consecutive adult patients (males: n=28 (41%)) at the University Hospital Zurich, Switzerland, between January 2014 and December 2016. All patients had a confirmed *GLA*-mutation diagnosis and presented for routine annual examinations at our FD center. The cohort was established in 2001 when ERT was approved and offered to FD patients. ERT was prescribed at the licensed dose of either 0.2 mg/kg body weight of recombinant agalsidase-α (Replagal) or 1 mg/kg body weight agalsidase-β (Fabrazyme) and given intravenously every 14 days.

All patients had a comprehensive workup, including medical history, cardiac, renal, and neurological evaluations. The occurrence of stroke or TIA (transient ischemic attack) was evaluated during annual examinations by asking the patient and/or using the medical records. Standard transthoracic 2D-echocardiography was routinely performed in all patients. LVMMI was calculated using the Devereux formula [18]. Cardiomyopathy was defined as the presence of diastolic dysfunction and/or left ventricular hypertrophy on echocardiography or heart MRI.

For the present analyses, all clinical and routine laboratory results were obtained from the patients` medical records.

The healthy group consisted of 13 females and 13 males aged between 17 and 69 years.

2.2 Phenotyping

The phenotyping was performed blinded to the LysoGb3 levels and as reported previously [5, 19]. The phenotype was classified based on the genotype. Nonsense, frameshift, consensus splice site and certain missense mutations encode for 0 to 1% residual α-Gal activity and cause Classic phenotype in males. Alternative splicing mutations and certain other missense mutations encode for more than 1% of normal α-Gal activity and cause Later-Onset phenotype in males. The phenotype was confirmed based on the age of symptoms onset for each mutation. For novel missense mutations, the phenotype was classified based on clinical symptoms and signs in males and by in vitro expression assays [4, 20].

2.3 LysoGb3 measurement

For serum LysoGb3 levels, blood samples were centrifuged and serum was immediately frozen at −80°C for a later batch analysis. The samples were measured by high-sensitive electrospray ionization liquid chromatography tandem mass spectrometry (ESI LC-MS/MS) using an adapted method from Gold [21]. A 7-point serum calibrator and an internal standard for LysoGb3 quantification (covering the analytic range from 0-120 ng/mL; lower limit of quantification: 0.3 ng/mL), and three level controls (3, 30 and 100 ng/mL) for quality control were used (ARCHIMED Life Science GmbH, Vienna, Austria; www.archimedlife.com). Further experimental details on mass spectrometric conditions and sample work-up will be available upon request.

2.4 Statistical analysis

We used descriptive statistics for the baseline characteristics and laboratory parameters. Categorical variables were expressed as proportions, continuous variables as means with standard deviations and medians with interquartile ranges (IQR). Normal distribution was assessed by Kolmogorov-Smirnov-Test. Comparisons between the study groups were performed using the t test, Mann–Whitney U test, the Chi-square or one-way analysis of variance (ANOVA) test as appropriate. Correlations were determined according to the method of Spearman.

Receiver operating characteristics (ROC) procedure was used to predict the Classic phenotype by serum LysoGb3 levels in all FD males and females. ROC was also used to predict FD among FD patients and controls.

Univariate linear regression analysis was applied to assess the association between serum levels of LysoGb3 and sex, phenotype as well as disease activity as reflected by the FD-related clinical work-up parameters. Multivariate linear regression model was used to evaluate which of these disease activity parameters are independently associated with the LysoGb3 levels after adjustment for sex and phenotype.

Statistical analyses were performed using SPSS/PC (version 22.0; SPSS Inc., Chicago, IL, USA) software package. A statistical significance level of 0.05 was used. All hypothesis testing was two-tailed.

3. Results

3.1 Baseline characteristics

The baseline characteristics and sex of all patients are presented in Table 1. In male patients, serum creatinine levels were higher and cardiomyopathy more frequent than in female patients. All patients on renal replacement therapy were male.

Table 1. Baseline characteristics

	All patients N=69	Males N=28	Females N=41	P-value
Age, years	40 [31-53]	43 [35-51]	37 [30-56]	0.62
Phenotype n (%)				0.31
Classic	61 (88)	23 (82)	38 (93)	
Later-Onset	9 (12)	5 (18)	4 (7)	
On ERT n (%)	52 (75)	25 (89)	27 (64)	0.02
Serum creatinine, µmol/L	123 ± 175	198 ± 258	72 ± 29	0.003
Urine protein/creatinine ratio mmol/L **	0.06 ± 0.19	0.05 ± 0.07	0.06 ± 0.23	0.94
On dialysis n (%)	3 (3)	3 (11)	0 (0)	0.03
Kidney transplant n (%)	5 (7)	5 (18)	0 (0)	0.005
Cardiomyopathy n (%)	33 (48)	18 (64)	15 (37)	0.02
LVMMI, g/m^2	103 ± 55	125 ± 62	88 ± 44	0.007
Stroke/TIA n (%)	10 (14)	4 (14)	6 (15)	1.00

* estimated according to the CKD-Epi formula

** Patients on renal replacement excluded

Plus-minus values are means ± SD. Numbers with ranges in square brackets are medians and interquartile ranges.

Abbreviations: ERT, Enzyme Replacement Therapy; MSSI, Mainz Severity Score Index, LVMMI, Left Ventricular Mass Index; TIA, Transient Ischemic Attack.

3.2 LysoGb3 in relation to sex and phenotype

In males and females, serum levels of LysoGb3 were significantly higher in Classic than in Later-Onset phenotype patients. In healthy controls, LysoGb3 levels were lower than in FD patients (Figure 1A and 1B).

Figure 1. Serum levels of LysoGb3 in males (A) and females (B) depending of phenotype and in comparison to healthy controls*.

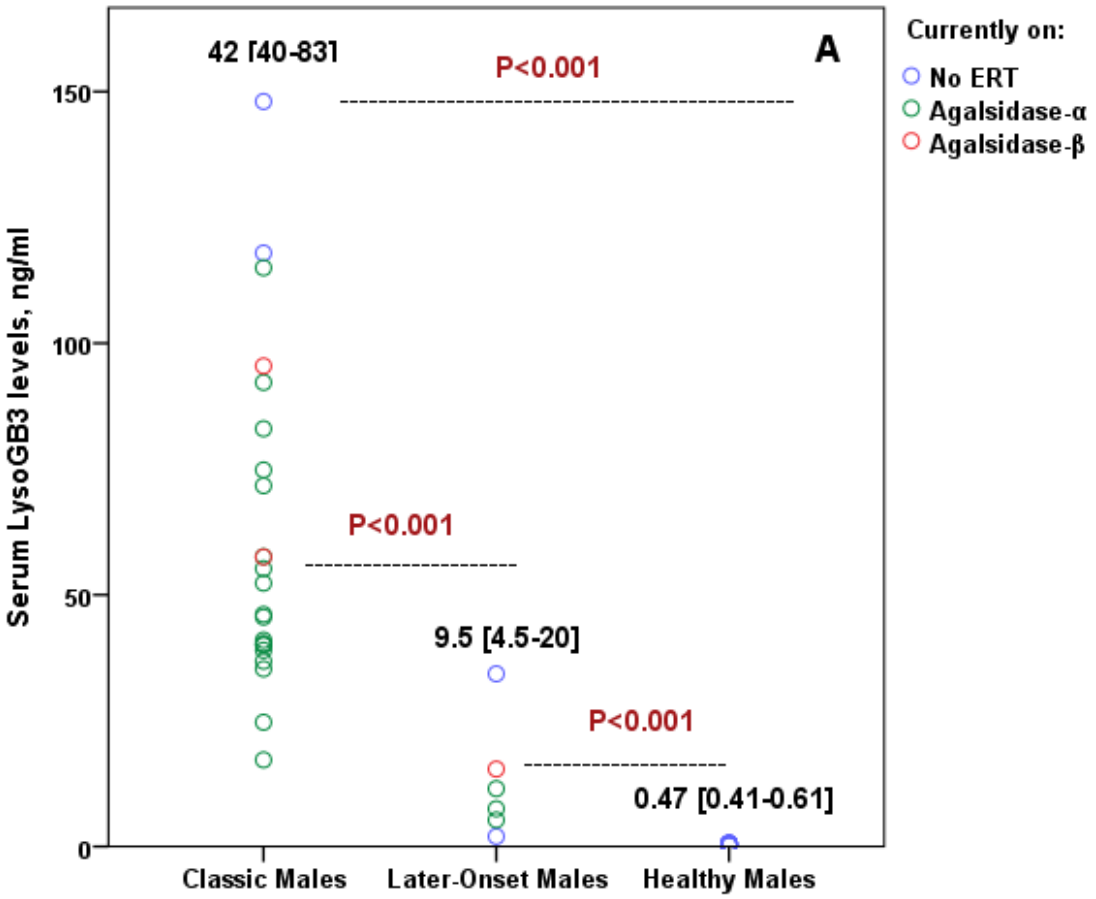


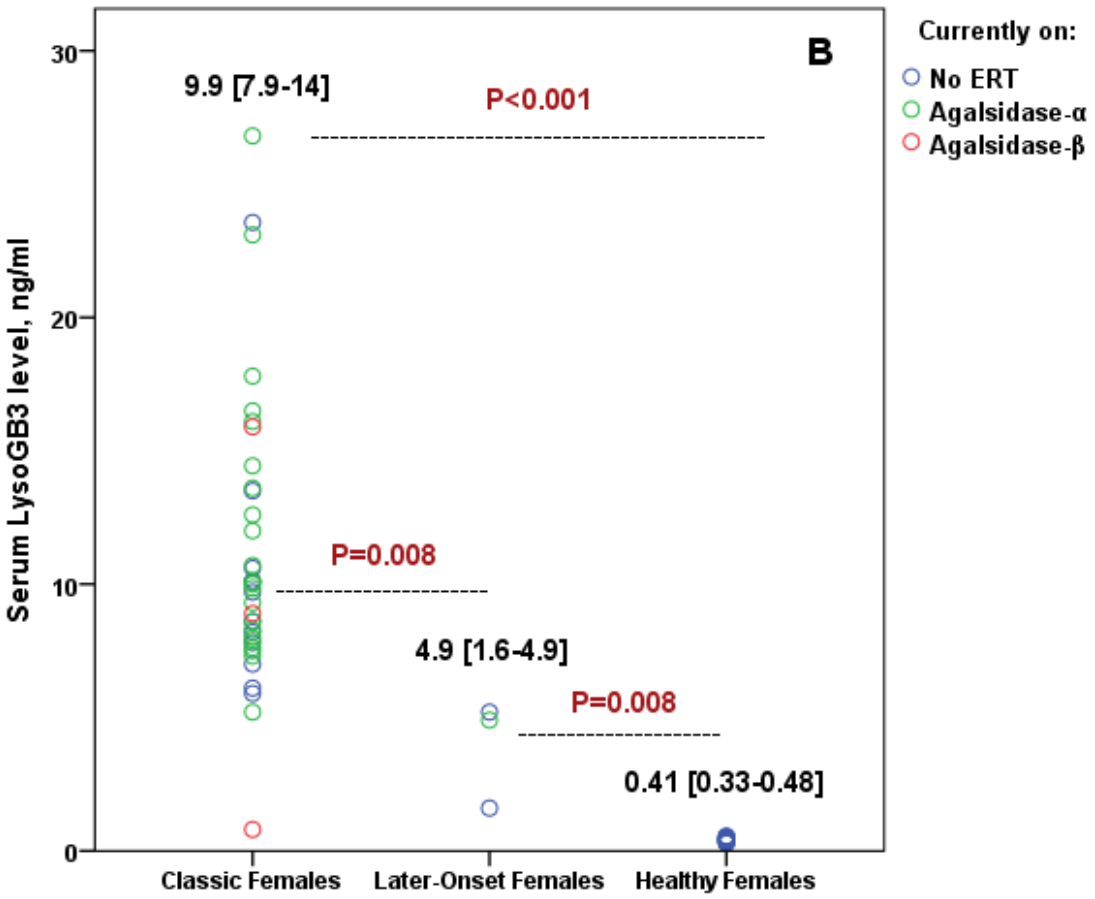
Table legend to Figure 1A.

Classic Males

Age	GLA Mutation	Predicted Enzyme Protein Change	Cumulative Dose Agalsidase-α, mg	Cumulative Dose Agalsidase-β, mg	Serum Lyso-Gb3 level (ng/ml)
27	c.559_560delAT	p.M187Vfs*6			148.02
29	c.1147_1149del	p.F383del			117.95
50	Deletion exon 2		3591.20		115.00
18	c.744_745delTA	p.F248LfsX7		6580.00	95.50
44	c.744_745delTA	p.F248LfsX8	1935.20	2124.00	92.20
55	c.899T>A	p.L300H	1988.00	16614.00	83.00
49	c.744_745delTA	p.F248LfsX8	2407.20	408.00	74.80
31	c.1055_1057dupCTA	p.A352_M353insT	963.60		71.70
44	c.370-2A>G	Cons. Splice Site	3539.20		57.60
30	c.679C>T	p.R220X	1240.00	17236.00	57.52
59	c.1033T>C	p.S345P	5088.00		55.20
61	c.1033T>C	p.S345P	4089.60		52.31
67	c.581C>T	p.T194I	4316.80		46.10
39	c.827G>A	p.S276N	3312.00		45.60
44	c.581C>T	p.T194I	3164.00		41.00
36	c.581C>T	p.T194I	4121.60		40.40
59	c.899T>A	p.L300H	864.00	13536.00	40.10
51	c.581C>T	p.T194I	3778.80		40.00
23	c.125T>C	p.M42T	1776.00		39.00
40	c.370-2A>G	Cons. Splice Site	3175.20		36.80
35	c.125T>C	p.M42T	3192.00		35.30
39	c.1033T>C	p.S345P	2148.80	10472.00	24.70
47	c.613C>T	p.Pro205Ser	3608.00		17.20

Later-Onset Males

Age	GLA Mutation	Predicted Enzyme Protein Change	Cumulative Dose Agalsidase-α, mg	Cumulative Dose Agalsidase-β, mg	Serum Lyso-Gb3 level (ng/ml)
39	c.902G>A	p.R301Q			34.30
41	c.337T>C	p.F113L		1456.00	15.40
65	c.902G>A	p.R301Q	2275.20	17064.00	11.50
44	c.902G>A	p.R301Q	1776.00	8288.00	7.50
63	c.644A>G	p.N215S	1008.00		5.30
41	c.1196G>C	p.W399S			2.00



Numbers with ranges in square brackets are medians and interquartile ranges

Table legend to Figure 1B.

Classic Heterozygotes

Age	GLA Mutation	Predicted Enzyme Protein Change	Cumulative Dose Agalsidase-α, mg	Cumulative Dose Agalsidase-β, mg	Serum Lyso-Gb3 level (ng/ml)
68	c.581C>T	p.T194I	3328.00		26.81
35	c.1167dupT	p.V390CfsX9			23.56
48	c.365delA	p.N122IfsX8	2049.60		
65	c.581C>T	p.T194I	3476.00		17.80
51	c.1033T>C	p.S345P	1364.00		16.50
68	c.1033T>C	p.S345P	1531.20		16.10
55	c.796G>T	p.D266T		2100	
65	c.640-3C>G	Cons. Splice Site	5149.6		14.44
28	c.1033T>C	p.S345P	907.20		13.60
48	c.72G>A	p.Y24X			13.50
36	c.1235_1236delCT	p.N122IfsX8	194.40		12.60
63	c.581C>T	p.T194I	3113.60		12.00
35	c.901C>T	p.R301X	79.20		10.70
31	c.1055_1057dupCTA	p.A352_M353insT			10.60
25	c.1147_1149del	p.F383del			10.10
39	c.581C>T	p.T194I			10.10
17	c.1167dupT	p.V390CfsX9	1356.80		10.10
41	c.640-3C>G	Cons. Splice Site	4238.00		10.00
51	c.1167dupT	p.V390CfsX9	1298.00		9.85
37	c.581C>T	p.T194I			9.70
63	c.72G>A	p.Y24X	3245.20		9.30
56	c.796G>T	p.D266T		2024.00	8.90
62	c.744_745delTA	p.F248LfsX7			8.60

23	c.125T>C	p.M42T	2360.00		8.60
34	c.581C>T	p.T194I	3366.00		8.30
29	c.704C>A	p.Ser235Tyr			8.2
31	c.125T>C	p.M42T	2419.20		8.00
33	c.744_745delTA	p.F248LfsX7	379.60		7.90
42	c.1033T>C	p.S345P			7.80
24	c.1167dupT	p.V390CfsX9	1560.00		7.61
29	c.125T>C	p.M42T	1786.00		7.5
26	c.125T>C	p.M42T	2195.20		7.30
23	c.1033T>C	p.S345P			7.00
32	c.581C>T	p.T194I			6.10
36	c.154T>C	p.C52R			5.90
39	c.744_745delTA	p.F248LfsX7	775.20	5928.00	5.20
48	c.870G>C	p.M290I			.80

Later-Onset Heterozygotes

Age	GLA Mutation	Predicted Enzyme Protein Change	Cumulative Dose Agalsidase-α, mg	Cumulative Dose Agalsidase-β, mg	Serum Lyso-Gb3 level (ng/ml)
37	c.902G>A	p.R301Q			5.20
73	c.902G>A	p.R301Q	2128.00		4.90
33	c.337T>C	p.F113L			1.6

There was one overlap in LysoGb3 levels between males with the Classic and Later-Onset phenotypes: the male with the highest LysoGb3 level within the Later-Onset phenotype group was newly diagnosed having FD and not yet on ERT. Among the females, one Classic and three Later-Onset had similar LysoGb3 values. There was no overlap in LysoGb3 levels between FD patients and controls.

The ROC curve indicated a high predictive value for LysoGb3 to identify FD patients among patients and controls: AUC=1 for each sex, with the best calculated cutoff for sensitivity and specificity at 34.8 ng/ml for males and 8.1 ng/ml for females. For prediction of the phenotype among FD patients, LysoGb3 levels nearly ideally predicted the Classic phenotype in males: AUC=0.98 (best calculated cutoff 43.3 ng/ml); in females, the predictive accuracy of LysoGb3 levels was high: AUC=0.81 (best calculated cutoff 9.9 ng/ml).

3.3. LysoGb3 in relation to disease severity

In an univariate linear regression analysis, LysoGb3 levels were associated with sex, phenotype, serum creatinine, renal replacement, LVMMI, presence of cardiomyopathy and stroke/TIA. In a multivariate linear regression analysis, if adjusted for sex and phenotype, LysoGb3 levels remained independently associated with the same parameters (Table 2).

Table 2. Linear regression for serum LysoGb3 as the dependent variable.

	Univariate		**Multivariate ***	
Characteristics	β (95% CI)	P Value	β (95% CI)	P Value
Sex, male	52.3 (44.2-62.4)	<0.001	n.a.	
Classic phenotype	30.6 (22.7-38.5)	<0.001	n.a.	
Age, year	0.58 (0.40-0.75)	<0.001	1.01 (0.64-1.38)	<0.001
Serum creatinine, µmol/L	0.11 (0.07-0.15)	<0.001	0.09 (0.04-0.13)	<0.001
Urin protein/creatinine ratio, mmol/L	46.8 (-4.3 to 97.8)	0.07		
Renal replacement	45.4 (21.7-69.0)	<0.001	42.2 (18.9-65.5)	0.001
Cardiomyopathy	32.1 (19.8-44.5)	<0.001	25.5 (9.81-41.1)	0.002
LVMMI, g/m^2	0.24 (0.18-0.30)	<0.001	0.29 (0.20-0.39)	<0.001
Stroke/TIA	27.6 (5.53-49.6)	0.02	23.0 (0.93-45.1)	0.04

*Adjusted for sex and phenotype

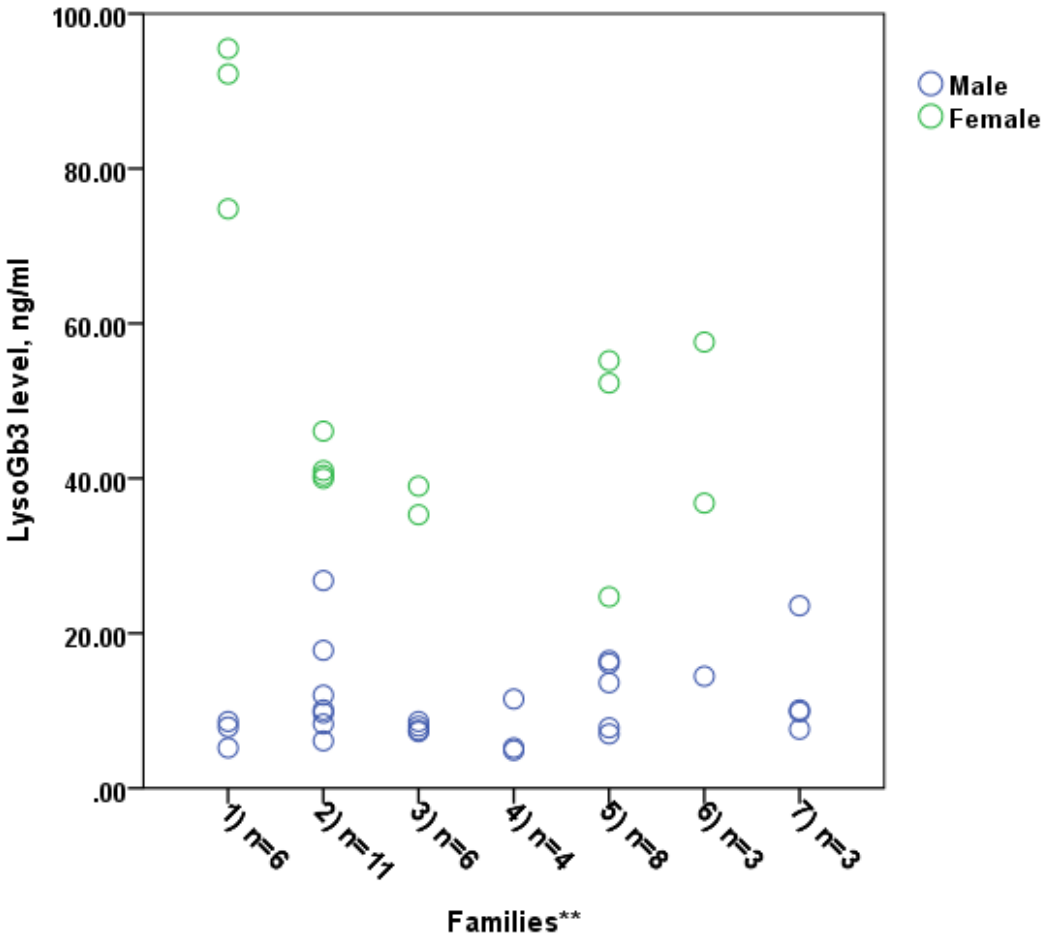
Abbreviations: LVMMI, left-ventricular myocardial index; TIA, trans ischemic attack.

LysoGb3 levels significantly correlated with the serum creatinine (R=0.28, P=0.02), LVMMI (R=0.27, P=0.03) and protein/creatinine ratio (R=0.33, P=0.007). LysoGb3 levels weekly correlated with age in females (R=0.34, R=0.03) but not in males (R=-0.22, P=0.26).

3.4. LysoGb3 in relation to genotype and between family members

If LysoGb3 measured during the routine annual examination was available in at least 3 family members, the levels were grouped by the family, as shown in Figure 2. Within one family, the LysoGb3 levels were mostly similar among males and females respectively and were always higher in males than in females. If LysoGb3 showed greater differences between the family members with the same sex, it could be partly associated with differences in the disease burden and whether the patient was treated with enzyme replacement. In detail, in Family 1, the 44-year-old male with LysoGb3 of 92.2 ng/ml much earlier developed end-stage renal disease and required kidney transplantation than did his 49-year-old brother who had LysoGb3 of 74.8 ng/ml. The relatively high LysoGb3 level of 95.5 ng/ml of their 18-year-old oligosymptomatic nephew remains difficult to interpret; the phenomenon of high LysoGb3 levels in children and younger adults is known from the literature [22] and may represent an early plateau during the pre-symptomatic period, this storage already begins during the fetal phase [23]. In Family 2, the 68-year-old female with the highest LysoGb3 level of 26.8 ng/ml has the most severe phenotype among the females within the same family being hemiplegic due to recurrent strokes despite ERT. In Family 4, the 35-year-old female had a higher LysoGb3 level (23.6 ng/ml) than had her aunt and cousin which might be explained by the fact that she was not yet on ERT due to compliance reasons. Previous studies showed that LysoGb3 decreases following ERT initiation [24]. In Family 5, the 39-year-old male with the lowest LysoGb3 level of 24.7 ng/ml has a less severe phenotype with normal kidney function and a lower MSSI than his 59 and 61-year-old uncles who had LysoGb3 values of 55.2 and 52.3 ng/ml and are both on renal replacement therapy.

Figure 2. Plasma LysoGb3 levels per family*.



* Families with at least three family members were plotted

** Table legend to Figure 2.

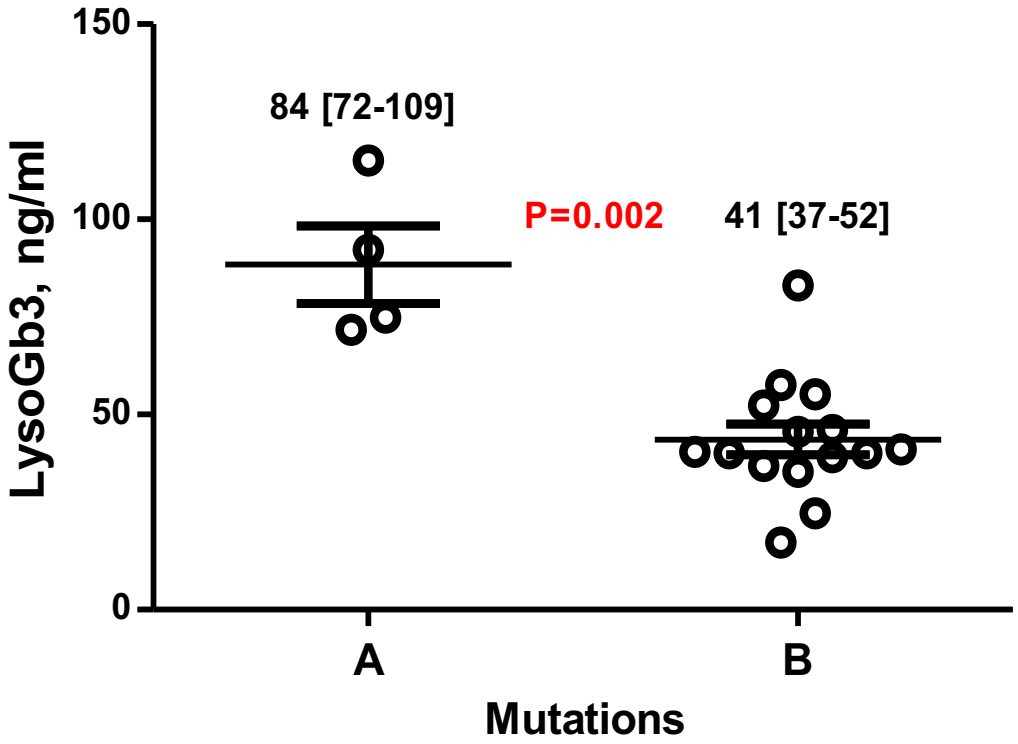
Nr	*GLA* Mutation / Predicted Enzyme Protein Change	Phenotype	LysoGb3	Sex	Age	ERT
1	c.559_560delAT / p.M187Vfs*6 (6 family members)	Classic	95.5	m	18	+
			92.2	m	44	+
			74.8	m	49	+
			8.6	f	62	-
			7.9	f	20	+
			5.2	f	39	+
2	c.581C>T / p.T194I (11 family members)	Classic	46.1	m	67	+
			41.0	m	44	+
			40.4	m	36	+
			40.0	m	51	+
			26.8	f	68	+
			17.8	f	65	+
			12.0	f	63	+
			10.1	f	39	-
			9.7	f	37	-
			8.3	f	34	+
			6.1	f	32	-
3	c.125T>C / p.M42T (6 family members)	Classic	39.0	m	23	+
			35.3	m	35	+
			8.6	f	25	+
			7.5	f	29	+
			7.3	f	26	+
			8.0	f	31	+
4	c.1167dupT / p.V390CfsX9 (4 family members)	Classic	23.6	f	35	-
			10.1	f	17	+
			9.9	f	51	+
			7.6	f	24	+
5	c.1033T>C / p.S345P (8 family members)	Classic	55.2	m	59	+
			52.3	m	61	+
			24.7	m	39	+

			16.5	f	51	+
			16.1	f	68	+
			13.6	f	28	+
			7.8	f	42	-
			7.0	f	23	-
6	c.370-2A>G / Cons.	Classic	57.6	m	44	+
	Splice Site		36.8	m	40	+
	(3 family members)		14.4	f	65	+
7	c.902G>A / p.R301Q	Later-Onset	11.5	m	65	+
	(3 family members)		5.2	f	37	-
			4.9	f	73	+

Abbreviations: ERT, Enzyme Replacement Therapy.

The mutations within the Classic phenotype patients were subdivided into two groups according to their structure and function. Group A was defined by frame-shift or nonsense mutations that lead to a major change in the gene products which can be caused by deletions, insertions, duplications and some point mutations [1]. Group B included missense mutations caused by individual point mutations that lead to single amino acid changes. Only patients with the same ERT preparation (α-agalsidase) with treatment duration of at least 5 years at stable dose were included into this analysis in order to balance the ERT effect on the LysoGb3 levels [24]. In males, LysoGb3 levels were higher in group A than in group B (Figure 3). In contrast, in females, LysoGb3 levels did not differ significantly between group A (n= 6) and group B (n=13) (10.0 [8.3-15.2] vs 12.0 [8.2-16.3]; P=0.77).

Figure 3. Serum Lysob3 levels in affected males* according to mutation severity by structure and function: **A** frame-shift and nonsense-mutation versus **B** missense mutations.



*Included only males with the same ERT preparation (α-agalsidase) at a stable dose of at least 5 years.

Table legend to Figure 3.

Mutations A

GLA Mutation	Predicted Aminoacid	Serum Lyso-Gb3 (ng/ml)
Deletion exon 2		115.0
c.744_745delTA	p.F248LfsX7	92.2
c.744_745delTA	p.F248LfsX7	74.8
c.1055_1057dupCTA	p.A352_M353insT	71.7

Mutations B

GLA Mutation	Predicted Aminoacid	Serum Lyso-Gb3 (ng/ml)
c.125T>C	p.M42T	39.0
c.125T>C	p.M42T	35.3
c.581C>T	p.T194I	41.0
c.581C>T	p.T194I	46.1
c.581C>T	p.T194I	40.0
c.581C>T	p.T194I	40.4
c.899T>A	p.L300H	40.1
c.899T>A	p.L300H	83.0
c.370-2A>G	Cons. Splice Site	36.8
c.370-2A>G	Cons. Splice Site	57.6
c.827G>A	p.S276N	45.6
c.1033T>C	p.S345P	52.3
c.1033T>C	p.S345P	24.7
c.1033T>C	p.S345P	55.2
c.613C>T	p.P205S	17.2

4. Discussion

In this relatively large and well characterized cohort of genetically proven FD patients, serum levels of LysoGb3 were significantly higher than in the healthy controls. More importantly, LysoGb3 levels were significantly higher in the Classic than in the Later-Onset phenotype in male and female patients. After adjustment for sex and phenotype, LysoGb3 was independently associated with the relevant co-morbidities such as kidney function, renal replacement therapy, cardiomyopathy, stroke and TIA.

Within families, LysoGb3 levels were generally similar within one sex but always higher in males than in females. However, higher LysoGb3 levels in family members of the same sex were found in patients with higher disease activity, not on ERT, or at young age.

Interestingly, the analysis of just the Classic phenotype, showed that serum LysoGb3 levels were higher among the males with severe mutations, such as frame-shift or nonsense mutations, that are known to lead to grossly altered gene products. These high LysoGb3 levels may be partly interpreted as a result of particularly low or absent α-Gal A activities in males with such mutations resulting in accumulation of LysoGb3 [25]. Additionally, LysoGb3 could be de-novo synthesized by sequential glycosylation of sphingoid bases by the action of a specific enzyme, more accelerated in males with “severe” mutations.

In contrast to LysoGb3 levels in the male patients, LysoGb3 levels of female patients did not depend on the mutation severity which might be ascribed to the random X-chromosomal inactivation in the heterozygous [12].

In FD, the correct risk stratification based on an understanding of the genotype and phenotype relationship is an urgent though unmet clinical need. Since FD has become treatable with ERT [2, 26] and more recently with further treatment strategies [27-30], there is increasing awareness of FD among primary care physicians and different specialists, and systematic screening among high-risk populations [31-33] and newborns [34] has become more frequent. This has resulted in increased detection of mutations with unknown clinical relevance [35, 36].

The diagnosis is further complicated in females; at least 40% of the *GLA*-mutation confirmed females have normal or slightly decreased α-Gal A activities and require *GLA* sequencing to confirm heterozygosity [12, 37]. In males, the diagnosis of FD requires demonstrating of decreased α-Gal A activity in leucocytes; the diagnosis then can be confirmed by additional *GLA* mutation analysis. However, males with the Later-Onset phenotype may still have a significant residual enzyme activity. Consequently, male Later-Onset phenotype FD patients

often lack the typical early-onset classical manifestations, but they do show later disease manifestation and a predominance of single organ disease, particularly of the heart and kidney [3, 4, 9-11]. In these patients, FD might not be recognized as the cause of heart, kidney, or cerebrovascular diseases. These might be misdiagnosed and ascribed to more common pathology including aging processes or cardiovascular risk factors [38].

A highly sensitive and specific biomarker could fill the diagnostic gap and help avoid invasive biopsies and assure a swift diagnosis in patients with suspected FD. Such a biomarker may also improve disease staging and risk stratification as well as support the decision whether a patient should be started on ERT or should only be closely monitored. Previous studies identified LysoGb3 as a helpful diagnostic tool in classic and uncertain cases [14], and particularly in females [5]. Rombach and colleagues found LysoGb3 levels to be associated with white matter lesions in males, and with MSSI and left- ventricular mass in females [39]. Lenders and colleagues reported associations of LysoGb3 levels with the serum-mediated ERT inhibition [40].

In Later-Onset (so-called Non-classical) phenotype FD patients, Smid observed that LysoGb3 levels are similar in patients of the same sex and with the same *GLA* variant [16]. Our findings confirm the relation between LysoGb3 levels and Classic and Later-Onset phenotypes [16]. Moreover, our results show an independent association of LysoGb3 with the most important clinical manifestations such as renal, cardiac and cerebrovascular disease, and treatment response expressed by serum-mediated ERT inhibition. Notably, our results did not show an influence of the long-term cumulative dose of ERT on the LysoGb3 levels. This finding is in accordance with previous studies showing that LysoGb3 levels decrease after the ERT initiation and reach a plateau already after 2-3 months [24, 41].
Our study is the first to have analyzed LysoGb3 levels per family. It is valuable because family members usually have similar modifying genes and live under similar environmental conditions. Our data are also novel in showing a strong relation between LysoGb3 and mutation severity in males. The additional measurement of LysoGb3 may therefore augment the functional characterization of *GLA* mutations.
However, previous studies [15, 16] show some overlap between LysoGb3 values of FD females and healthy individuals. While augmenting functional characterization of *GLA* mutations, LysoGb3 cannot replace a detailed clinical characterization using a multidisciplinary approach, family history, genetic testing and the phenotypic descriptions of

the family mutation. Thus, more sensitive biomarkers will be needed to distinguish between the Later-Onset phenotype FD patients, particularly women, and healthy persons.
LysoGb3 is not only a biomarker. It might also be involved in the FD pathology. LysoGb3 has been shown to promote Notch1-mediated inflammatory and fibrogenic response in podocytes potentially contributing to Fabry nephropathy [42]. LysoGb3 treatment inhibited the proliferation and differentiation of fibroblasts into myofibroblasts, reducing collagen synthesis and herewith compromising vascular remodeling [43]. It directly inhibited the α-Gal A activity and induced smooth muscle cell proliferation [14]. Administration of LysoGb3 stimulated the up-regulation of voltage-dependent Ca^{2+} channels in nociceptive neurons, suggesting that it may induce pain through direct actions on sensory neurons [44].
Several limitations merit consideration. First, the number of our Later-Onset group patients was low. Second, the study was not designed to evaluate the ability of LysoGb3 to predict the development of major clinical events. Third, the study did not assess epigenetic phenomena, such as the influence of the degree of the random X-chromosomal inactivation on LysoGb3 levels in females. Finally, for the use as a clinical biomarker, standardization of the technical methods and inter-laboratory testing is needed in order to compare LysoGb3 measurements among laboratories.

In conclusion, the use of LysoGb3 as an additional laboratory biomarker appears to improve the detection and management of clinically relevant FD. LysoGb3 levels are associated with the important clinical sequelae of FD such as nephro-, cardiomyopathy and cerebrovascular disease, thus, LysoGb3 may represent the new concept of metabolic phenotype. LysoGb3 helps to stratify persons at risk and may provide guidance towards a more individualized treatment of patients.

Role of the funding source
The LysoGb3 measurements were determined by *ARCHIMED Life Science, Vienna, Austria.* The *ARCHIMED Life Science* laboratory members (TPM and DCK) participated in writing and approving the manuscript. The laboratory members were blinded to patients' names and all clinical and biochemical information and had no role in the collection of samples, interpretation of data and the decision to submit the article for publication.

Conflict of interest

AN is a consultant to Shire, received lecturing honoraria and research support from Sanofi Genzyme and Shire and received financial publication support of this paper from Sanofi Genzyme.

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10.Lebenslauf

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11. Erklärung

Masterarbeit

Ich erkläre ausdrücklich, dass es sich bei der von mir im Rahmen des Studiengangs

Master of Medicine

eingereichten schriftlichen Arbeit mit dem Titel:

Phenotype, Genotype and Disease Severity Reflected by Serum Globotriaosylsphingosine Levels in Patients with Fabry Disease

um eine von mir selbst und ohne unerlaubte Beihilfe sowie *in eigenen Worten* verfasste Masterarbeit* handelt.

Ich bestätige überdies, dass die Arbeit als Ganzes oder in Teilen weder bereits einmal zur Abgeltung anderer Studienleistungen an der Universität Zürich oder an einer anderen Universität oder Ausbildungseinrichtung eingereicht worden ist.

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Ich bestätige mit meiner Unterschrift die Richtigkeit dieser Angaben.

Datum: 15. Juni, 2018

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* Falls die Masterarbeit eine Publikation enthält, bei der ich Erst- oder Koautor/-in bin, wird meine eigene Arbeitsleistung im Begleittext detailliert und strukturiert beschrieben.